



SUBJECT CURRICULUM OVERVIEW

Ready. Respect. Safe.

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
7	<u>Looks & labels</u> Understanding identity, self-image and respecting differences.	<u>Individuality & Inclusion</u> Healthy relationships, respect and challenging bullying.	<u>Bodies & Behaviours</u> Exploring health, body hygiene, wellbeing and making positive lifestyle choices.		<u>Hazards & Harms</u> Understanding risks and staying safe in everyday situations.	<u>Parliament & Politics</u> Exploring Parliament, politics, elections and active citizenship.
8	<u>Health & Help</u> Understanding health services, first aid and vaccination decisions	<u>Crime & Conduct</u> Understanding exploitation, crime, extremism and staying safe.	<u>Mind & Mood</u> Exploring emotions, mental health, influences, body image and addiction	<u>Drinks & Decisions</u> Understanding alcohol, its risks, effects and responsible choices.	<u>Screens & Sources</u> Exploring media, social media, AI and online information.	<u>Consent & Connection</u> Understanding trust, consent, healthy relationships and commitment.
9	<u>Spending & Saving</u> Managing money, budgeting and making informed choices.	<u>Mind and Mood</u> Exploring emotions, mental health, influences, body image and addiction	<u>Drugs & Dilemmas</u> Understanding body image, drugs, addiction and informed choices.	<u>Condoms & Communication</u> Understanding healthy relationships, communication, consent and sexual health.		<u>Power & People</u> Exploring democracy, power, accountability and political decision-making.
10	<u>Rights & Responsibilities</u> Exploring human rights, responsibilities and life under the law.	<u>Checks & Choices</u> Exploring physical health, prevention and positive health choices.	<u>Attitudes & Actions</u> Exploring diversity, equality and social change	<u>Protection & Pregnancy</u> Understanding sexual health, reproduction and informed relationship choices.		<u>Borders & Beyond</u> Understanding global issues and the UK's international role.
11	<u>Stress & Success</u> Understanding stress, resilience, wellbeing and achieving success	<u>Wealth & Wages</u> Understanding money, taxes, borrowing and financial decision-making.	<u>Votes & Voices</u> Understanding democracy, voting and political participation in the UK.	<u>Bonds & Boundaries</u> Exploring relationships, boundaries, sexual health and personal safety.		