

Brownhills Ormiston Academy

PSHE Curriculum September 2024 - July 2025



ACHIEVING MORE TOGETHER



Curriculum Introduction

Intent

Our intention is that when children leave Brownhills Ormiston Academy, they do so with the knowledge, understanding and emotions to be able to play an active role in today's society. We want our children to have high aspirations, a belief in themselves and realise that anything is possible if they put their mind to it. We want our pupils to:

- Develop a confidence in sharing their own thoughts and opinions with others
- Develop skills and attributes to keep themselves healthy and safe
- Develop an attitude of a responsible global citizen
- To show tolerance of others beliefs, religions and life choices
- To build positive, respectful relationships with other people

Implementation

Develop a confidence in sharing their own thoughts and opinions with others
Develop skills and attributes to keep themselves healthy and safe
Develop an attitude of a responsible global citizen
To show tolerance of others beliefs, religions and life choices
To build positive, respectful relationships with other people. KS3 students at our academy receive a 60-minute PSHE lesson with a PSHE teacher, every week, KS4 students receive a 60-minute lesson every fortnight. We separate our PSHE curriculum into themes, with carefully crafted resources created to scaffold learning effectively for students. Staff CPD is provided to support staff delivery of PSHE and train new staff in effective practice, particularly when dealing with sensitive topics. Our 'Theme of the Week' is explored in the academy through assemblies, tutorial activities in form time and through displays and resources around school. External visitors support our PSHE curriculum including performance from Theatre in Education groups and visiting speakers. We also have an enrichment programme that supports our PSHE curriculum and ethos with two Equality & Diversity groups and a debating society to develop student oracy.

Impact

We firmly believe that a meaningful PSHE curriculum is the key to children becoming confident, tolerant and well-rounded adults.

- Children can approach a range of real-life situations and apply their skills and attributes to help navigate themselves through modern life.
- From exposure to a range of global issues and problems, children can build up tolerance and a sense of responsibility of being a global citizen.
- This will be actively assessed in lessons through regular self-assessment, varied opportunities for reflective practice from students, alongside ongoing observations from members of staff.

Statutory Citizenship

KS3 Breadth Map

Topic	Description	Covered					
Our Political System	Development of the political system of democratic government in the United Kingdom, including the roles of citizens, Parliament and the monarch.	Diversity and Equality Year 7: Theme 3	British Society and Democracy Year 7: Theme 6	Crime and Criminality Year 8: Theme 1	Diversity and Equality Year 8: Theme 2	Diversity and Equality Year 9: Theme 5	
Active Stakeholder	Operation of Parliament, including voting and elections, and the role of political parties	My New School Year 7: Theme 1	British Society and Democracy Year 7: Theme 6	Diversity and Equality Year 8: Theme 2	Diversity and Equality Year 9: Theme 5		
Being a British Citizen	Precious liberties enjoyed by the citizens of the United Kingdom	My New School Year 7: Theme 1	Friendship & Bullying Year 7: Theme 2	British Society & Democracy Year 7: Theme 6	Diversity & Equality Year 7, 8 & 9	Crime and Criminality Year 8: Theme 1	
Our Justice System	Nature of rules and laws and the justice system, including the role of the police and the operation of courts and tribunals	Diversity & Equality Year 7, 8 & 9	British Society and Democracy Year 7: Theme 6	Crime and Criminality Year 8: Theme 1	Drugs, alcohol and healthy living Year 8: Theme 4	Healthy relationships and sexual health Year 9: Theme 4	
The Wider Community	Roles played by public institutions and voluntary groups in society, and the ways in which citizens work together to improve their communities, including opportunities to participate in school-based activities	My New School Year 7: Theme 1	British Society & Democracy Year 7: Theme 6	Diversity & Equality Year 7, 8 & 9:	Healthy relationships and sexual health Year 9: Theme 4	Media literacy & money matters Year 9: Theme 1	
Financial Literacy	Functions and uses of money, the importance and practice of budgeting, and managing risk.	Healthy Living & Relaxation Year 7: Theme 4	Keeping myself safe Year 7: Theme 5	Money skills Year 8: Theme 6	Crime and Criminality Year 8: Theme 1	Media literacy and money matters Year 9: Theme 1	Digital safety Year 9: Theme 3

Statutory Citizenship

KS4 Breadth Map

Topic	Description	Covered				
Our Political System	Parliamentary democracy and the key elements of the constitution of the United Kingdom, including the power of government, the role of citizens and Parliament in holding those in power to account, and the different roles of the executive, legislature and judiciary and a free press	My Rights Year 10: Theme 3	Managing my health Year 10: Theme 1	My next steps Year 11: Theme 1	My financial future Year 11: Theme 2	Having my say Year 11: Theme 3
Active Stakeholder	Different electoral systems used in and beyond the United Kingdom and actions citizens can take in democratic and electoral processes to influence decisions locally, nationally and beyond	My Rights Year 10: Theme 3	My next steps Year 11: Theme 1	My financial future Year 11: Theme 2	Having my say Year 11: Theme 3	
Politics Around the World	Other systems and forms of government, both democratic and non-democratic, beyond the United Kingdom	Managing my health Year 10: Theme 1	Relationships & Sex Education Year 10: Theme 2	My Rights Year 10: Theme 3	Having my say Year 11: Theme 3	
Systems of Governance	Local, regional and international governance and the United Kingdom's relations with the rest of Europe, the Commonwealth, the United Nations and the wider world	Managing my health Year 10: Theme 1	Relationships & Sex Education Year 10: Theme 2	My Rights Year 10: Theme 3	My financial future Year 11: Theme 2	Having my say Year 11: Theme 3
Our Justice System	The legal system in the UK, different sources of law and how the law helps society deal with complex problems	Managing my health Year 10: Theme 1	Relationships & Sex Education Year 10: Theme 2	My Rights Year 10: Theme 3	Having my say Year 11: Theme 3	
Diversity & Equality	Diverse national, regional, religious and ethnic identities in the United Kingdom and the need for mutual respect and understanding	Relationships & Sex Education Year 10: Theme 2	My Rights Year 10: Theme 3	My next steps Year 11: Theme 1	Resilience and readiness Year 11: Theme 2	
Being an Active Citizen	Different ways in which a citizen can contribute to the improvement of his or her community, to include the opportunity to participate actively in community volunteering, as well as other forms of responsible activity	My Rights Year 10: Theme 3	My next steps Year 11: Theme 1	Resilience and readiness Year 11: Theme 2	My Financial Future Year 11: Theme 2	Having my say Year 11: Theme 3

Online Safety

Breadth Map

Topic	Description	Year 7	Year 8	Year 9	Year 10	Year 11
Online Reputation	Conduct and personal behaviour; Receiving/sending images; Bullying; Reverse image checks; Where to go for help; Privacy controls; Retweeting offensive tweets.	Theme 1 Theme 2 Theme 5	Theme 1 Theme 2 Theme 6	Theme 1 Theme 2 Theme 3	Theme 2	Theme 2
Age Appropriate Material	Content (harmful material); Pornography; Violence; Substance abuse	Theme 1 Theme 4	Theme 1 Theme 2 Theme 3	Theme 1 Theme 2 Theme 3	Theme 2	Theme 4
Online Relationships	With others that might be harmful to ourselves.	Theme 1 Theme 2 Theme 5	Theme 1 Theme 2 Theme 3	Theme 1 Theme 3 Theme 4	Theme 2	
Fraud Online	Pop ups; Fake email addresses; Phishing; Fake prizes	Theme 5		Theme 1 Theme 3		Theme 2
Fake News	URLs; Fake adverts			Theme 1 Theme 3		Theme 2
Personal Data	GDPR; Copyright; Ownership; Privacy; Security; Cookies	Theme 5		Theme 1 Theme 3		Theme 2
The Dark Web	What it is and the dangers of using these websites.		Theme 4	Theme 3		Theme 2
Mental Health & Wellbeing	Risks online to mental health	Theme 1 Theme 2 Theme 5	Theme 1	Theme 1 Theme 3 Theme 4	Theme 1	Theme 1
Device Addiction	The potential issues with gaming and addiction to electronic devices.	Theme 4 Theme 5		Theme 1 Theme 2		
Gambling	Gambling adverts; The dangers of debts; Gambling addiction.		Theme 6	Theme 1		Theme 2
Radicalisation	Extremism; Far-Right Groups e.g. EDL; Religious Extremism.		Theme 3	Theme 1		

Relationship & Sex Education

Breadth Map

Topic	Description	Covered				
		Year 7	Year 8	Year 9	Year 10	Year 11
Families	Types of relationships	Theme 2, & 3	Theme 2	Theme 2	Theme 2	
	Positive relationships and children	Theme 2	Theme 2	Theme 2 & 5	Theme 2	
	Marriage and legal rights		Theme 2		Theme 2	
	Why do people get married?	Theme 2	Theme 2		Theme 2	
	Other long-term relationships	Theme 5	Theme 2 & 5	Theme 2	Theme 2	
	Roles & responsibilities of parents	Theme 2		Theme 5	Theme 2	
	Identifying unhealthy relationships	Theme 2	Theme 2	Theme 5	Theme 2	
Respectful Relationships	Characteristics of healthy relationships	Theme 2 & 4	Theme 2 & 5	Theme 5	Theme 1, 2	
	Improving and supporting relationships	Theme 1 & 2	Theme 2	Theme 5	Theme 2	
	The dangers of stereotypes	Theme 3	Theme 5	Theme 2	Theme 3	
	Being respectful and respected	Theme 2 & 3	Theme 1, 2 & 5	Theme 2 & 5	Theme 2 & 3	
	Bullying and cyberbullying	Theme 1, 2, 4	Theme 2	Theme 1, 3, 4	Theme 3	
	Relationships and the law	Theme 2	Theme 2	Theme 2, 3, 4	Theme 2	
	Sexual harassment and violence			Theme 5	Theme 2	
	Equality and the law	Theme 3	Theme 5	Theme 2	Theme 3	
Online & The Media	Rights & responsibilities online	Theme 2, 5	Theme 2	Theme 1, 3, 4	Theme 3	Theme 4
	Online risks	Theme 1, 2, 5	Theme 2, 3, 6	Theme 1, 4, 6	Theme 3	Theme 4
	What should you share?	Theme 1, 2, 3	Theme 1, 2	Theme 3, 4	Theme 3	

Topic	Description	Covered				
		Year 7	Year 8	Year 9	Year 10	Year 11
Online & The Media	Reporting issues online	Theme 2, 5	Theme 1	Theme 1	Theme 3	
	Impact of viewing harmful content	Theme 2, 5	Theme 2	Theme 1, 3	Theme 2	Theme 4
	Pornography				Theme 2	
	Online images and the law	Theme 2, 5	Theme 1	Theme 2, 3, 4	Theme 2	
	How is data used and collected online?	Theme 2, 5	Theme 1	Theme 1		
Being Safe	Sexual & honour-based violence			Theme 4	Theme 2	Theme 4
	Communicating consent	Theme 2	Theme 3	Theme 4	Theme 2	
Intimate & Sexual Relationships	Positive intimate relationships	Theme 2	Theme 3	Theme 4	Theme 2	Theme 4
	Health and relationships	Theme 1, 2, 4	Theme 2, 3	Theme 4, 6	Theme 1, 2	Theme 4
	Reproductive health & fertility	Theme 4	Theme 3	Theme 4	Theme 1, 2	
	Managing sexual pressure		Theme 3	Theme 4, 6	Theme 2	Theme 4
	Making the right choice	Theme 4, 5	Theme 3	Theme 1/2/3/5/ 6	Theme 1, 2	
	Contraception			Theme 4	Theme 2	
	Pregnancy and miscarriage			Theme 4	Theme 2	
	Choices in pregnancy				Theme 2	
	Sexually Transmitted Infections			Theme 4	Theme 2	
	Prevalence of STIs and treatment			Theme 4	Theme 2	
	Alcohol, Drugs and Sex		Theme 3 & 4	Theme 2, 4	Theme 2	
	Seeking advice and help	Theme 2	Theme 3	Theme 2, 4	Theme 1, 2	

5 Year Plan: Autumn 1

Week commencing	Year 7	Year 8	Year 9	Year 10	Year 11	Theme	Focus of the Week	British Values/SMSC
Week 1 2nd Sep	My New School: Settling in What is PSHE?	Crime and criminality. How do rules and laws differ?	Media literacy and money matters. Staying in control of your money.	Managing my health Recognising mental ill-health and when to get help	Resilience and readiness How can I deal with stress?	Wednesday 4 th September – Year 7 Welcome Assembly – AL / MI Thursday 7 th September – Behaviour Expectations – Rolling Assemblies – JM / HOY Focus of the Week: Ready, Respect, Safe		
Week 2 9 th Sep	Getting to know your new school	Where do laws come from?	Financial Fraud and Scams			The Year Ahead	Values & Routines	
Week 3 16 th Sep	Study skills to improve your learning	What crimes occur near me?	Gambling and risk	How to promote positive emotional wellbeing	How can I deal with disappointment?	Attendance Matters	Attendance	
Week 4 23 rd Sep	Who am I?	Who is involved in the legal system?	Spending habits when gambling			Every Minute, Every Lesson	Academic Success	
Week 5 30 th Sep	What is self-esteem?	Are all courts the same?	What is news?	What are the wider effects of vaping?	How might my health affect my exam performance?	Keeping Everyone Safe	Safeguarding & HSB	
Week 6 7 th Oct	Your new friends and social media	Influence/peer pressure	How can I judge the reliability of a news story?			Reading at BOA	Literacy	Developing an understanding of the world around us through literature.
Week 7 14 th Oct	My friends: Friendship and bullying What makes a relationship healthy? (friends)	Peer pressure and road safety	How can I verify information?	What is cancer?	My financial future How to protect myself against identity fraud and other scams.	Values – Personal, Brownhills & British	Fundamental British Values	
Week 8 21 st Oct	How are families different?	What do I need to know about gangs?	How might I be manipulated?			Team Brownhills!	Celebration & Rewards	Developing the ability to work well and celebrate as a team.

5 Year Plan: Autumn 2

Week commencing	Year 7	Year 8	Year 9	Year 10	Year 11	Theme	Focus of the Week	British Values/SMSC
Week 9 4 th Nov	What do healthy friendships look like?	What should I know about knife crime?	How can I REVIEW my news?	How can I examine myself?	Your home - understanding rent and mortgages.	We Will Remember Them	Remembrance Day preparation Sacrifice	Developing a set of a values and principles.
Week 10 11 th Nov	What is bullying?	What is 'grooming'?	Drugs, dilemmas & consequence How drug use might affect us			Choose Respect	Anti-Bullying Anti-Bullying Week: 11-15 th November	
Week 11 28 th Nov	What is cyberbullying?	What does 'county lines' mean?	Why people use drugs	FGM and honour-based abuse.	Do I really need insurance?	Growth Mindset	Raising Aspirations	
Week 12 25 th Nov	Dealing with bullying	What is extremism?	Why might people use steroids			Values-Led, Performance-Driven	Values & Routines	
Week 13 2 nd Dec	Self-awareness and sensitivity.	What are hate crimes?	Drugs and the law	What services are available to help me manage my health?	What are pensions?	Your Future	Careers	
Week 14 9 th Dec	Diversity and Equality Is everyone treated the same way?	Diversity and equality Tackling equality and discrimination	What might happen if I use drugs?			Mental Health & Wellbeing	Safeguarding	
Week 15 16 th Dec	What are stereotypes?	Ageism	Addiction	Relationships and sex education What does long term commitment look like?	Understanding your pay slip.	Team Brownhills!	Celebration & Rewards	Developing the ability to work well and celebrate as a team.

5 Year Plan: Spring I

Week commencing	Year 7	Year 8	Year 9	Year 10	Year 11	Theme	Focus of the Week	British Values/SMSC
Week 16 6 th Jan	How are people with disabilities treated differently?	Sexism and gender prejudice	My future & my digital safety KS4 Options			The Journey Won't Be Easy, But It Will Be Worth It	Values & Routines	
Week 17 13 th Jan	What is racism?	Race and religion: What is racism and how does it present itself in the UK?	Screen time - why does it matter?	Role of intimacy and pleasure	Having my say Government spending	Attendance Matters	Attendance	
Week 18 20 th Jan	My life: Healthy living and relaxation What does it mean to be healthy? All about feelings.	What is body image?	Cyberbullying - what is it and how to deal with it.			The More You Read, The More You Know (Academic Reading)	Literacy	Developing an understanding of the world around us through literature.
Week 19 27 th Jan	How can screen time affect my health?	Body image and the media.	Sexting and the consequences.	Impact of pornography	Foreign Aid	If Not Now, When...?	Wider Opportunities	
Week 20 3 rd Feb	Healthy sleep	Healthy relationships Consent in relationships: The right to choose.	What should I know about watching and sharing videos online?			Keeping Safe Online	Safer Internet Day (11 th February 2025)	
Week 21 10 th Feb	Healthy diet and exercise	Consent - avoiding assumptions	How to manage my online life and build resilience.	Pressure, persuasion and coercion	How can I vote in a general election	Team Brownhills!	Celebration & Rewards	Developing the ability to work well and celebrate as a team.

5 Year Plan: Spring 2

Week commencing	Year 7	Year 8	Year 9	Year 10	Year 11	Theme	Focus of the Week	British Values/SMSC
Week 22 24 th Feb	How can I manage my personal hygiene, including germs?	Positive intimate relationships.	Healthy relationships and sexual health Respectful relationships			National Careers Week	National Careers Week preparation: 3 rd -8 th March	
Week 23 3 rd Mar	How can I look after my teeth?	Identifying unhealthy relationships	Freedom and capacity to consent	Addressing relationship abuse	Relationship realities How can I end a relationship maturely?	World Book Day	World Book Day 6 th March	Developing the ability to work well and celebrate as a team.
Week 24 10 th Mar	Is vaping harmful to my body?	Influences on Relationship Expectations - sexting	Sexual Health			United Against Bullying	Anti-Bullying	
Week 25 17 th Mar	What are the physical changes of puberty?	Coping with a break up	Contraception	Contraception	Sexual harassment and stalking	Hard Work Pays Off	Academic Success	
Week 26 24 th Mar	What happens during menstruation?	Drugs, alcohol and healthy living What are prescription drugs?	Grooming & Sexual Exploitation			Elimination of Racial Discrimination	Anti-Racism	
Week 27 31 st Mar	Personal safety: Keeping myself safe What is risk?	HPV vaccine, why we have it.	Alcohol, drugs and sex.	What factors might affect my fertility?	Where can I access sexual health services?	Healthy Relationships	Safeguarding & HSB	
Week 28 7 th Apr	How can I be safe near roads?	What does caffeine do to my body?	Managing the end of a relationship			Team Brownhills!	Celebration & Rewards	Developing the ability to work well and celebrate as a team.

5 Year Plan: Summer 1

Week commencing	Year 7	Year 8	Year 9	Year 10	Year 11	Theme	Focus of the Week	British Values/SMSC
Week 29 28 th Apr	How can I be safe near train lines?	Vaping	Diversity and equality How are our differences protected by law?	Pregnancy	Exams	Attendance Matters	Attendance	
Week 30 5 th May	How can I be safe near water?	Tobacco, risks and influences.	Stereotyping and prejudice			Summer Success	Values & Routines	
Week 31 12 th May	How can I be safe online?	Alcohol and risk	How have attitudes towards sex and gender changed over time?	Parental responsibilities		Mental Health Week	Wellbeing	
Week 32 19 th May	How can I help someone who is choking?	Alcohol and social pressures	Stereotyping and prejudice: Tattoos and piercings			Team Brownhills!	Celebration & Rewards	Developing the ability to work well and celebrate as a team.

5 Year Plan: Summer 2

Week commencing	Year 7	Year 8	Year 9	Year 10	Year 11	Theme	Focus of the Week	British Values/SMSC
Week 34 2 nd Jun	How can I help someone who is hurt or bleeding?	Managing influences related to alcohol	Managing my health What is mental health?	My rights What are human rights?		The Final Push – 7 Weeks of Hard Work	Values & Routines	
Week 35 9 th Jun	British values and democracy What is parliament?	First aid - basic life support	How can social media affect me?			Aspirations Into Reality	Raising Aspirations	
Week 36 16 th Jun	Who makes the decisions that affect me?	Money skills Recognising your money personality	How can I support someone (eating disorders)?	Free speech, can I say whatever I like?		Sports For All	National School Sports Week	
Week 37 23 rd Jun	How are the political parties similar and different?	Value for money	How can I cope with grief			Academy of Kindness	Anti-Bullying	
Week 38 30 th Jun	What happens in a General Election?	Understanding your bank account	How can I develop my resilience?	Should my privacy be protected at all costs?		Summer Reading Project	Literacy	Developing an understanding of the world around us through literature.
Week 39 7 th Jul	Who can vote in the UK?	Dealing with financial dilemmas	How can I optimise my physical health?			Team Brownhills!	Celebration & Rewards	Developing the ability to work well and celebrate as a team.
Week 40 14 th Ju	What do MPs do?	Budgeting when gaming	What do I remember about essential first aid?	What are the rules of war?		Staying Safe – Summer 2025	Safeguarding	Developing an understanding of how to stay healthy and look after our own wellbeing.