

		Year 7	Year 8	Year 9	Year 10	Year 11
Autumn 1	1	Getting to know your new school	How do rules and laws differ?	Staying in control of your money.	Recognising mental ill-health and when to get help	How can I deal with stress?
	2	Study skills to improve your learning	Where do laws come from?	Financial Fraud and Scams		
	3	What are first impressions?	What crimes occur near me?	Gambling and risk	How to promote positive emotional wellbeing	How can I deal with disappointment?
	4	Who am I?	Who is involved in the legal system?	Spending habits when gambling		
	5	What is self-esteem?	Are all courts the same?	What is news?	What are the wider effects of vaping?	How might my health affect my exam performance?
	6	Your new friends and social media	Influence/peer pressure	How can I judge the reliability of a news story?		
	7	What makes a relationship healthy? (friends)	Peer pressure and road safety	How can I verify information?	What is cancer?	How to protect myself against identity fraud and other scams.
	8	How are families different?	What do I need to know about gangs?	How might I be manipulated?		
Autumn 2	9	What do healthy friendships look like?	What should I know about knife crime?	How can I REVIEW my news?	How can I examine myself?	Your home - understanding rent and mortgages.
	10	What is bullying?	What is 'grooming'?	How drug use might affect us		
	11	What is cyberbullying?	What does 'county lines' mean?	Why people use drugs	FGM and honour-based abuse.	Do I really need insurance?
	12	Dealing with bullying	What is extremism?	Why might people use steroids		
	13	Self-awareness and sensitivity.	What are hate crimes?	Drugs and the law	What services are available to help me manage my health?	What are pensions?
	14	Is everyone treated the same way?	Tackling equality and discrimination	What might happen if I use drugs?		
	15	What are stereotypes?	Ageism	Addiction	What does long term commitment look like?	Understanding your pay slip.
Spring 1	16	How are people with disabilities treated differently?	Sexism and gender prejudice	KS4 Options		
	17	What is racism?	Race and religion: What is racism and how does it present itself in the UK?	Screen time - why does it matter?	Role of intimacy and pleasure	Government spending
	18	What does it mean to be healthy? All about feelings.	What is body image?	Cyberbullying - what is it and how to deal with it.		
	19	How can screen time affect my health?	Body image and the media.	Sexing and the consequences.	Impact of pornography	Foreign Aid
	20	Healthy sleep	Consent in relationships: The right to choose.	What should I know about watching and sharing videos online?		
Spring 2	21	Healthy diet and exercise	Consent - avoiding assumptions	How to manage my online life and build resilience.	Pressure, persuasion and coercion	How can I vote in a general election
	22	How can I manage my personal hygiene, including germs?	Positive intimate relationships.	Respectful relationships		
	23	How can I look after my teeth?	Identifying unhealthy relationships	Freedom and capacity to consent	Addressing relationship abuse	How can I end a relationship maturely?
	24	Is vaping harmful to my body?	Influences on Relationship Expectations -sexting	Sexual Health		
	25	What are the physical changes of puberty?	Coping with a break up	Contraception	Contraception	Sexual harassment and stalking
Summer 1	26	What happens during menstruation?	What are prescription drugs?	Grooming & Sexual Exploitation		
	27	What is risk?	HPV vaccine, why we have it.	Alcohol, drugs and sex.	What factors might affect my fertility?	Where can I access sexual health services?
	28	How can I be safe near roads?	What does caffeine do to my body?	Managing the end of a relationship		
	29	How can I be safe near train lines?	Vaping	How are our differences protected by law?	Pregnancy	
	30	How can I be safe near water?	Tobacco, risks and influences.	Stereotyping and prejudice		
	31	How can I be safe online?	Alcohol and risk	How have attitudes towards sex and gender changed over time?	Parental responsibilities	
	32	How can I help someone who is choking?	Alcohol and social pressures	Stereotyping and prejudice: Tattoos and piercings		
Summer 2	33	How can I help someone who is hurt or bleeding?	Managing influences related to alcohol	What is mental health?	What are human rights?	Exams
	34	What is parliament?	First aid - basic life support	How can social media affect me?		
	35	Who makes the decisions that affect me?	Recognising your money personality	How can I support someone (eating disorders)?	Free speech - do I have the right to say whatever I like?	
	36	How are the political parties similar and different?	Value for money	How can I cope with grief		
	37	What happens on a general election?	Understanding your bank account	How can I develop my resilience?	Should my privacy be protected at all costs?	
	38	Who can vote in the UK?	Dealing with financial dilemmas	How can I optimise my physical health?		
	39	What do MPs do?	Budgeting when gaming	What do I remember about essential first aid?	What are the rules of war?	

Careers and Economic & financial Education	Citizenship Education	Health Education	Relationships and Sex Education
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